

Suggested Parent Resources

Please note: To accommodate the needs of each individual child, parents are advised to preview all resources prior to use.

Say Their Names: A toolkit to help foster productive conversations about race and civil disobedience

Confident Parents Confident Kids: A site for parents to actively support kids' social and emotional development; includes age-appropriate literature on Social Emotional Learning topics as well as parent resources

Article: **Teaching Tolerance**: Help children learn to live and play in a diverse world (ages 3-5)

Article, **Teaching Young Children About Bias, Diversity, and Social Justice**, includes links to additional resources

Bright Horizons Article and additional resources for parents - Teaching Tolerance and Empathy to Children

Living with the Bear: An article explaining how constant exposure to social media and violence is harmful to children

Are Your Kids Too Young To Talk About Race? A Resource and Timeline for Parents

Article, **Age by Age Guide to Talking About Race** A Resource and Timeline for Parents

Article, **Children Are Not Colorblind: How Young Children Learn Race** A Resource for Parents

Talking To Kids About Racial Violence A Resource for Parents

Common Sense Media Resources about Race and Racism: Free resources for parents and educators to teach kids about social justice and racial equality.

Anti-racism Resources: A document intended to serve as a resource to parents to deepen anti-racism work. (Special thanks to our Oceanport Parents for sharing this link with our families)

Activities and Books for Kids in Grades K-4

Free home kits from [Think Equal](#). Includes children's books, activities and easy step by step instructions for parents to help develop social and emotional intelligence with children.

[MindUP](#) offers activities for parents and children to promote gratitude and kindness

['Sesame Street' to host a town hall addressing racism](#), The 60-minute special "Coming Together: Standing Up to Racism. A CNN/Sesame Street Town Hall for Kids and Families" will air on **Saturday, June 6, at 10 a.m. ET.**

Suggested Books:

- I Walk With Vanessa: A Story About Simple Acts of Kindness by Kerascoet
- Say Something! By Peter H. Reynolds
- Let The Children March by Monica Clark-Robinson
- All Are Welcome by Alexandra Penfold
- The Word Collector by Peter H. Reynolds

The National Museum of African American History and Culture launched an online portal called [Talking about Race](#) that is designed to help steer conversations about racism, racial identity, and the way these forces shape every aspect of society.

Suggested Activities and Books for Children in Grades 5-8

[Talking about Tragedy](#): Question series to guide parents through the process of addressing fears, whether it is the questioning of a single child or a group of wary adults. Through the lens of these four questions, a dialogue is developed to address the difficult work of talking about tragedy.

[Top Ten Favorite Diversity Books For Kids by Kids](#): Parent Resource - Book List

[Five Minute Film Festival: Talking About Race and Stereotypes](#).

Includes links to short videos on race and stereotypes for all ages.

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